

Future Families

Annual Report

2013 / 2014

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GAUTENG PROVINCE
SOCIAL DEVELOPMENT
REPUBLIC OF SOUTH AFRICA

Chairperson's Report

Future Families continues to grow and reach out to more families in the Greater Tshwane area. The three highlights listed below are indicative of how holistic our growth has been:

- A new funder, UNHCR, joined us to enhance our services to refugees.
- We expanded our services into the far east of Mamelodi and Nellmapius.
- Our Auditor complimented us by stating that he did not have to do a single journal entry for our financial statements.

As an NPO it is critical that we render quality services as well as implement good governance. I am proud to be a part of an organisation that is continually mindful of this.

We thank again our funding partners, USAID, UNHCR and the Department of Social Development; as together we continued to have an impact on the lives of orphans and vulnerable children during the past year and, with their on-going support, will continue to do so in future.

Charles Wyeth
(Chairperson)

Executive Director's Report

"We delight in the beauty of a butterfly but rarely admit the changes it has gone through to achieve that beauty".

This year has seen changes to so many lives, that have been touched by Future Families and I would like to pay tribute to those who have made this possible. Every member of our staff has shown commitment to our mission and to the community that they serve. They have strived to make our services more effective, measurable and efficient. Our staff work under difficult circumstances but remain motivated and enthusiastic. Over the past few years we have focused on establishing ourselves as an emerging NPO and this year, we started to address our long term sustainability and began to implement the social enterprise strategies we have been developing for some time. Through our specially created social enterprise structure, Future Families Enterprises cc, the first of these activities, namely Seboko and Phetoho have started generating income for Future Families NPO and employment opportunities for the members of the families we serve.

We believe that through our collaborative partnerships and valued relationships with various organisations, including Eskom, the Henley Business School, USAID and Ford Motor Company our social enterprise activity will develop significantly in the next year, taking us closer to our ultimate goal of financial independence. During the year under review new doors were opened with funding from UNHCR which has enabled us to render high quality services to refugees in the Sunnyside area. We continue to enjoy partnerships with Tulane University in New Orleans and the Dominican University in Illinois. Our on-going relationship with University of Pretoria has ensured that we continue to develop new programmes to enhance our services and contribute to the on-going development of the social work profession and training on an international level. It is a privilege to be part of a dynamic team of people who are always willing to rise to the challenges that face our organisation and our city. Thank you.

Penny Learmonth (Executive Director)

Evaluation of Our Services

2013/4 saw Future Families benefiting from an evaluation of our Social work services by Clacherty Associates. All four of our sites were evaluated using a mixed method research design with the experimental group being children who had received services for a period of three years and the control had only received for one year or less.

The results showed that Future Families had an impact on the real needs of the families with significance in the following three areas:

- Social ecology – supportive social networks, communication with adults and relationships with caregivers.
- Material environment – access to social grants, food support, health care and documentation.
- Human capacity – emotional stress and parenting skills.

Future Families is privileged to have empirical results showing the impact of our work.

Sunnyside Office Report

Sunnyside is a diverse and vibrant community. Future Families renders services to South Africans, Refugees and Asylum Seekers, ensuring that their various and diverse needs are met. We have been able to reach 1500 orphans and vulnerable children in Sunnyside in the year under review.

The Sunnyside programme is supported by long-standing USAID and DSD funding. In January 2014, we became an implementing partner with UNHCR for a Social Assistance programme that caters for refugees and asylum seekers in need of care and protection. This partnership has ensured that we can render appropriate quality services to this vulnerable community. Future Families is playing a crucial role towards developing a collaborative centre that offers refugees a safe space in the CBD area.

Sunnyside Success Story

Dorcas had a dream to become a Social Worker. In 2006 she started her journey with studies through UNISA. In 2007 she was employed by Future Families as a Care Worker to gain experience and to assist in paying her study fees. She was promoted to a Team Leader in 2008 and appointed as a Social Auxiliary Worker in 2009. She proudly finished her studies in 2013 and is now our Social Worker rendering services focused on refugees.

Future Families is committed to developing their staff through study opportunities and creating a well- trained social welfare work force.

Eersterust & Nellmapius Office Report

The period under review saw us expand our services into Nellmapius, while continuing to reach the children of Eersterust. We have been able to render services to 1500 children made vulnerable through HIV/AIDS and their families. Growth has been the dominant theme of our office and while we have focused on expanding we have remained united and together choosing the name Simunye (we are one) for our combined office.

The response from families needing our services has confirmed our decision to expand into Nellmapius. We would like to acknowledge the community support we have received as we partner with organisations to address the needs of the community.

In Eersterust we have been able to share space with Circle of life and NYDO to make our services more accessible and efficient. In Nellmapius we have received support from the schools and our Ward Councillor who has assisted in finding space for us to be based.

We are reminded that positive change cannot be achieved alone and is best when created in conjunction with individuals and organisations around you.

Olievenhoutbosch office Report

Olievenhoutbosch is an ever-growing region in the Tshwane municipality and we were able to reach 2500 orphans and vulnerable children in the 2013/2014 year.

We have been able to consolidate our services in this year with a focus on reaching out to our schools and creating support groups for the vulnerable in the community. We are proud of the standards that we have set and the collaborations that we have forged. The challenges in our community continue to grow but we know that our community mobilisation model ensures we are known in the community and that we can render preventative services.

The year ahead is filled with empowering opportunities.

Olievenhoutbosch Success Story

Our Olievenhoutbosch granny has been doing her best to meet the needs of her two growing grandchildren and through her involvement in our granny support group began to understand the world of a modern adolescent. Her grandson was able to approach his Care Worker and discuss his difficulties with the limited bathing facilities in a confined living space. Together they were able to create a private bathing area and address his developing needs.

Future Families ensures that they are accessible and have good relationships with vulnerable children who can approach them when in need.

Mamelodi Far East Report

Mamelodi Far East officially opened on the 1 April 2013, and this period has been characterised by a continual improvement in the lives of our clients. We have been able to reach 1000 orphans and vulnerable children in our first year.

While understanding the needs of the community we have been able to partner with local schools and the Ward Councillor to facilitate office space and venues to host homework classes, peer education groups and support groups.

We know that we will continue to grow as we assist the Mamelodi East area which is expanding with new housing developments. With the help of teachers, the police and clinics, we will empower families to create a future.

Mamelodi East Success Story

Mr M joined our newly formed support group for HIV+ people, he was in failing health and isolated in the community. Through group support and individual counselling he was motivated to receive treatment at the local clinic, raise his CD4 count and slowly regain his strength. He is presently employed at Future Families Enterprises and is a contributing member of his community.

Future families is committed to working with HIV+ people to ensure they receive appropriate medical treatment and become fully functioning members of society.

Mamelodi Office Report

In Mamelodi West we continued to deliver quality professional services to the 2500 vulnerable children and families under our care through our community mobilisation model. A highlight of the year for our Mamelodi activities was the introduction of the Caring for the Carer programme.

The back bone of Future Families services is its Care Workers and staff who work at the forefront of delivering services to children, families and the broader community that we serve. We expect them to do their job and be a support figure to the children and families. Often they are also in need of assistance and support. In response to this need, Future Families implemented a 'care of the carer programme' to assist the community Care Workers with problems and to improve their psycho-social wellbeing. These programmes include therapy, counselling and therapeutic interventions to help to deal with issues that cause stress and other difficulties.

Future Families hosts quarterly debriefing sessions with the Care Workers to allow them to talk and 'unpack' issues that they encounter in the field and the workplace, and the impact this has on them. These sessions are intended to ensure that the Care Worker feels supported, and to acknowledge and appreciate the services that they render.

Through motivation and nurturing they are proud to be Future Families community Care Workers by serving the organisation and community.

This is an exciting time for us and there is so much more growth to look forward to.

Mamelodi Success Story

A Mamelodi mother was proud to give Future Families this story about her child's school performance.

"I live with my husband and we are blessed with three children. Life was hard and difficult to understand with all the challenges we faced as a family. I thought I had a general knowledge about life but I didn't know how to use it. In 2010, I first met a Future Families Care Worker who came into my house to introduce Future Families services to me and my family. The Care Worker gave me all the support I needed in life. I always had challenges with my first born child who had learning barriers and I tried very hard to assist him. When my second born child started school I was stressed and thinking of how he will perform. Luckily enough by that time I had my Care Worker visiting me and I explained to her all my fears."

My eight year old son started Grade 1 in 2012 and he was immediately involved in the homework classes. "I used to stress about my son's homework and what he would eat when he got home but I soon noticed that he started to come home late in the afternoons, but was always smiling and also had a full stomach. I soon learnt that he received a fresh tasty sandwich with juice at school before they started with their homework lessons.

My son didn't know how to write his name so I was worried how he would manage to type his name and read. His performance at school started very slowly. This was because he didn't attend a pre-school before school. I am not working and I could not afford to pay the pre-school fees. He amazed me when he started to read on his own; I could not believe what I saw and heard. I am very proud to share with everyone my son's March school results when he was given 'outstanding achievement' in all his subjects. I love Future Families for the good job they are doing for the community. My Care Worker assisted me very much by motivating me to check my children's books every day and to assist where I can with their school work. If it wasn't for her I would have not given my children all the support they needed from me. I am a happy mother because of what I have learnt from my Care Worker and Future Families' services."

Future Families is proud to be instrumental in bringing about real change, such as this in the lives of 7479 vulnerable children in Tshwane.

Sustainability

Long term sustainability via financial independence is the major challenge facing all NPOs in current national and global economic climate. It is one of Future Families' highest priorities to address this challenge and are now leaders in moving from fund dependence to financial independence through social entrepreneurship. The start of our social entrepreneurship programme are Seboko and Phetoho.

Seboko

The concept of producing an organic fertiliser product from earthworm castings has been developed and strengthened since its beginnings in 2012. Today it is a fully registered product with the Department of Agriculture and sold commercially in a number of nurseries across Tshwane.

'Seboko' (meaning 'earthworm') is a nutrient-rich organic product, made by earthworm digestion of a mixture of cattle manure and grass cuttings, which produces a homogenous product richer in nutrients than conventional composts. Seboko is weed free, odourless, suitable for many different gardening and agricultural applications. It can be applied directly or mixed with other material to lawns, flowerbeds and pot plants for exciting and rapid responses to your garden. If you are interested in purchasing Seboko please contact us: 012 841 3132/nare@futurefamilies.co.za

Phetoho

The 'Phetoho' initiative (meaning 'change') sources quality second hand clothing to sell at affordable prices to carefully selected unemployed community members. These community members then sell the clothing at marked up prices to customers in their communities and beyond. The profits achieved ensure the sellers become financially and socially independent. Phetoho provides business skills training and supports the budding sellers. Through this supportive self-development training approach, the sellers develop skills in key business areas such as sales and marketing strategy and financial management, and real community entrepreneurs emerge. This simple and effective micro-enterprise model has the potential to transform our local communities and we see the difference that it is making on an individual level with several success stories emerging since its inception in 2012. With these successes behind us we are now working to scale this project up and ensure its accessibility to the community through local satellites at each of our offices.

Future Families' Achievements

OVC reached for the reporting year

<u>Gender</u>	<u>0 < 2</u>	<u>2 < 6</u>	<u>6 < 12</u>	<u>12 < 14</u>	<u>14 < 18</u>	<u>Grand Total</u>
F	194	813	1476	486	800	3769
M	190	773	1528	439	780	3710
	384	1586	3004	925	1580	7479

OVC served by service category

Child Protection intervention	1164
Support to access antiretroviral	61
HIV prevention education	139
Psychosocial support	7084
Educational support	2242
Household Economic strengthening	2399

Financial Highlights

- 89% of expenses are spent on core services (2013 - 85%).
- Audited financial statements were approved by the Directors on 15th July 2014.
- A full version of the audited Annual Financial Statements has been made available to members.
- Annual Financial Statements will be distributed to major donors and funders.

<u>Income R 000's</u>	<u>2014</u>	<u>2013</u>
Donations, subsidies and grants	13,001	9,171
Other income	321	27
Operating expenses	(13,152)	(8,905)
Investment revenue	170	293
	14	6
Surplus for the period	184	299